

# December 2023

## Elementary Lunch Your School District





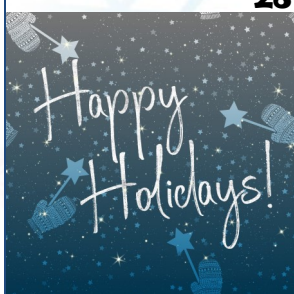

 = Vegetarian Ingredients  = Gluten-Free Ingredients

### DAILY ALTERNATES:

1. Bagel Bag
2. Cereal Bag
3. Uncrustable

**FRUIT:** Fresh, Cupped & 100% Fruit Juice

**MILK:** Skim Chocolate, Skim Strawberry, 1% White,

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Lunch Includes:</b> <b>Protein Grain Fruit Veggie Milk</b> Choose at least 3 out of 5 components— 1 must be a fruit or veggie. You may take 2 fruits & 2 veggies!  <b>Lunch Prices</b> Student Paid: \$3.00 Free & Reduced Status: free! Adult Lunch: \$4.00				
		<b>CAFÉ CONTACT INFO:</b>  Kim Onori Director hai@nsfm.com Ph:609-267-1316x213 *Menu subject to change		<b>Pizza Crunchers</b>  <u>Sides:</u> Garden Salad Fruit of the Day
<b>4</b>  <b>Cheeseburger</b>  <u>Sides:</u> Baked Beans Fruit of the Day	<b>5</b>  <b>Soft Shell Chicken Tacos</b>  <u>Sides:</u> Corn Fruit of the Day	<b>6</b>  <b>Asian Popcorn Chicken over rice</b>  <u>Sides:</u> Broccoli Fruit of the Day	<b>7</b>  <b>Bacon, Egg &amp; Cheese on a Kaiser Roll</b>  <u>Sides:</u> Mixed Vegetables Fruit of the Day	<b>8</b>  <b>Cheese Pizza</b>  <u>Sides:</u> Garden Salad Fruit of the Day
<b>11</b>  <b>Fish Sticks</b> Corn muffin  <u>Sides:</u> Potato Wedges Fruit of the Day	<b>12</b>  <b>Grilled Cheese Sandwich</b> w/tomato soup  <u>Sides:</u> Mixed Vegetables Fruit of the Day	<b>13</b>  <b>Chicken Fries</b> w/dinner roll  <u>Sides:</u> Peas Fruit of the Day	<b>14</b>  <b>Cheeseburger</b>  <u>Sides:</u> Mashed Potatoes Fruit of the Day	<b>15</b>  <b>Mozzarella Sticks</b> w/ Marinara Sauce  <u>Sides:</u> Garden Salad Fruit of the Day
<b>18</b>  <b>BBQ Pulled Pork Sandwich</b>  <u>Sides:</u> Fries Fruit of the Day	<b>19</b>  <b>Soft Shell Chicken Tacos</b>  <u>Sides:</u> Corn Fruit of the Day	<b>20</b>  <b>Asian Chicken over rice</b>  <u>Sides:</u> Green Beans Fruit of the Day	<b>21</b>  <b>BBQ Chicken w/stuffing</b>  <u>Sides:</u> Sweet Potatoes Fruit of the Day	<b>22</b>  <b>1/2 Day Cheese Pizza</b>  <u>Sides:</u> Garden Salad Fruit of the Day
<b>25</b>  	<b>26</b>  	<b>27</b>  	<b>28</b>  	<b>29</b>  

View your lunch account: [www.schoolpaymentportal.com](http://www.schoolpaymentportal.com)